

Contact: Amy Bekier
Chair of the Southern California
Walk 'n' Roll for FSH Muscular
Dystrophy
Phone 619 972-0993 - Fax 858 385-0983
amyzoe@pacbell.net

FSH Society, Inc.
64 Grove St.
Watertown, MA 02472
www.fshsociety.org/IrvineWalk



Public Service Announcement

Walk 'n' Roll FSH Muscular Dystrophy Fundraiser

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Imagine not being able to raise your arms to brush your teeth or button your shirt?

Imagine being unable to smile because of weakened facial muscles?

That's what happens when you have Facioscapulohumeral *{pronounced fa-she-o-skap-you-lo-hyoo-meh-rul}* Muscular Dystrophy, a progressive neuromuscular disease that crosses all boundaries, gender, age and race.

The most common of all muscular dystrophies knows no treatment or cure. It affects one in 14,000 and may affect many more but is often misdiagnosed.

With your help the FSH Society aims to change that. Join us on October 9th at Heritage Park in Irvine, California from 10:30 to 2 in a Walk 'n' Roll to raise funds for a treatment or cure for FSH Muscular Dystrophy.

Mark your calendar and bring your friends. Let's have fun while supporting a Walk 'n' Roll for FSH MD at 10:30 on October 9th, in Heritage Park, Irvine, just off the I 15. Open registration is \$25 per person, children under 12 are free. For more information or to make a donation, contact, Amy Bekier at 619.972.0993 or go online at www.fshsociety.org/IrvineWalk

You can help us make the difference.

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What if you couldn't lift your arms to wash your hair or had difficulty lifting a cup to your mouth or getting up from a chair?

When you have Facioscapulohumeral *{pronounced fa-she-o-skap-you-lo-hyoo-meh-rul}* Muscular Dystrophy these simple tasks become very difficult.

Join us on October 9th at Heritage Park in Irvine, California from 10:30 to 2 in a Walk 'n' Roll to support the FSH Society's goal of finding a treatment or cure.

Open registration is \$25 per person, children under 12 are free. For more information or to make a donation, contact Amy Bekier at 619.972.0993 or go online at www.fshsociety.org/IrvineWalk

You can help us make the difference.